



Complimentary Prenatal Class



**Taught by Monique L. Child, MD
At Polar Pediatrics 603 W. Tudor Rd.
Thursdays from 6:00 - 8:00 pm**

2016

April 21st

July 21st

October 20th

This class will be discussion style and will feature topics such as:

- **What to Expect in the 1st Month of Life**
- **Common Illnesses**
- **Answering Questions About Vaccinations**
- **Alaska Specific Parenting Resources**
- **Breastfeeding Guidance**

**Please RSVP to: PolarPediatrics@gmail.com
or call 522-KIDS to reserve your seat**

